



St George's
Hospital
Charity



IMPACT REPORT 2022-2023



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Registered Charity No. 1171195
Registered Company No. 10565339

WHAT WE DO

Our mission is to make a positive difference for patients, families, staff and people in our local communities who are served by St George's University Hospitals NHS Foundation Trust. We are deeply committed, in all we do, to move towards our vision of outstanding care for our communities in a healthy environment. We achieve this by both funding and directly implementing a wide variety of projects.

Since the Charity was founded over 20 years ago, our input has made a tangible difference by providing grants for projects that go beyond what the NHS alone can provide. From funding state-of-the-art equipment and life-saving research with St George's (University of London), to decorating wards and creating family-friendly spaces, we make sure every patient can experience the best possible care.

Our incredible arts team also make a positive impact on all aspects of hospital life delivering a dynamic programme of live music, activities and events for patients, families and staff as well creating more welcoming spaces across the Trust through our Art Heritage Collection and new art commissions.



“ At our 20-week scan, our daughter Willow was found to have a multi-cystic dysplastic left kidney. We couldn't be more grateful for the care given to Willow by St George's Hospital, both before and after her birth. We are fundraising to give back to the hospital who gave us such comfort in worrying times.

- Parents Charlotte and Dylan

OUR GRATITUDE TO OUR DONORS

The Charity currently raises about £2m a year and spends broadly this amount in grants. During Covid, fundraising rose to £4m thanks to the wonderful generosity of the communities served by the Trust. Our aim is to grow both our fundraising and grant giving significantly. The money is used to help the Trust treat more people faster, deliver better clinical outcomes, improve the non-clinical experience of patients, ensure staff feel happy and supported and encourage more people to access primary care in the community.

The difference we make to the Trust's patients, staff, visitors and local communities would not be possible without the continued generosity of the people, organisations and groups who support us.

We rely entirely on philanthropic support and are grateful for the many different ways people choose to donate to us, from foundations and trusts, corporate gifts and legacies to fundraising by community groups and individuals.

Working in close partnership with our Trust colleagues, we are developing a five year strategy which will guide and shape the focus of the Charity's grant giving and fundraising until 2028. This includes our ambitious Children's Appeal, Time for a Change. All our activity is driven by our continued commitment to outstanding and inspiring care for our communities in South West London.

If you would like to find out more about the different ways you can support us, please go to

www.stgeorghospitalcharity.org.uk/get-involved

MESSAGE FROM OUR CHAIR

This is St George's Hospital Charity's first ever Impact Report and more than anything I want everyone who supports us to know that what you are doing is making a difference. We know that patients who leave St George's and Queen Mary's hospitals, are often motivated by their experience to fundraise. We are incredibly grateful for the money you raise and the suggestions you make. Your insight continues to help us fund targeted changes which deliver a huge impact.

Over the years our grants have been used for a wide range of projects including creating new calming indoor and outdoor spaces, refurbishing wards, gardens and family rooms, buying medical equipment and funding stress-relieving arts activities as well ground-breaking healthcare research. Everything we do is framed by a commitment to improve the support the Trust can provide to the patients, staff and visitors who use our hospitals and the positive difference we can make to accessing primary care in our local communities.

2022/23 has been a fantastic year for the Charity with a total of £2.2m raised. This report explains how we are spending this money and the positive impact our grants continue to make on so many people, in so many different ways.

Our £5m Time for Change Children's Appeal, which we launched last year, is a fundraising priority for the next 12 months and beyond. Our goal is to ensure children who receive world-class care in the Trust's paediatric services can do so in a world-class environment. You can read more about the progress of this appeal and how to get involved on page 7.

I hope you'll enjoy reading about our diverse range of projects. You'll find out about machines with strange names like the Motomed and research into complex topics like 'antifungal optimisation' but there are also stories about the positive impact of art, music and the benefits of staff development and carer support groups. In the end all these undertakings are about people. And it is the people that matter to us. The people who help us, and the people we can help.

Anna Walker
Anna Walker



TIME FOR A CHANGE CHILDREN'S APPEAL

In 2022 we launched our ambitious 'Time for a Change' Children's Appeal in partnership with the Trust. This is an aspirational appeal aiming to transform the Trust's children's facilities so they match world-class care. Our fundraising goal is £5m and we are half way there – but we can't reach our target without your help!

The funds would be used to help increase the Paediatric Intensive Care Unit bed capacity by a third, creating a minimum of 16 fully-operational intensive care beds. Alongside, we plan to create space and privacy for families and carers. The money could also help overhaul all three of the children's wards so that every patient and carer feels welcomed, safe and inspired in a centre of paediatric excellence. We hope to help fund dedicated family spaces so that we can give parents and loved ones the very best chance of staying well and rested.



TIME TO SUPPORT

If you would like to help us reach our fundraising target there are lots of different ways to get involved. You could take on one of our exciting challenge events like a skydive, abseil or a cycle ride or you could become a Time for a Change Champion and make regular or one-off donations. Whatever you can manage, we would be incredibly grateful.

Find out more by visiting

www.timeforachange.org.uk

"I have nothing but positive words and praise for the quality of nursing and clinical care. A better environment would allow you to be the best possible parent for your child. That's the priority. They need you at your best." – Strahan Wilson, Father to Izzy Wilson.

YEAR AT A GLANCE

PEOPLE*



1 MILLION
patients were treated
by the Trust this year**



3.5 MILLION

people in Surrey and Sussex access many of our tertiary services

1.3 MILLION

people across south west London are served by the Trust



728,007
outpatients



147,535
Emergency Department patients



207,955
ward inpatient admissions

~0.5 MILLION

visitors came through
our doors this year



9,930

people make up
our Trust staff



* The grants and programmes provided by St George's Hospital Charity are as varied in reach and impact as they are in content; some prove literally life-changing for a small number of patients, while others bring a fleeting smile to hundreds of thousands of people passing through the Trust's doors. Although we may not directly affect every individual served, our efforts to improve the hospital environment likely touch a significant portion of them.

** If the same person has been to the Emergency Department, outpatients and several wards, there may be some double counting

FUNDRAISING AND GRANTS



£2.2 MILLION

was raised by our incredible supporters in 2022/23



£547,262

funded 19 Research projects



£1,826,919

was awarded in 161 grants

£219,183

was awarded to support Staff Development & Welfare in 87 different ways

£167,658

was split across 8 Capital Projects



£701,282

provided 21 pieces of Medical Equipment



£191,534

was given to deliver 26 projects that improve Patient & Visitor Experience



ARTS

8,000

people engaged in our arts activities with over 2,000 active participants



100+
events hosted



23
partnerships created



51+
artists involved



1,000
Staff Arts Club Members

IMPACT

The NHS needs our support more than ever and we continue to work hard to expand our fundraising and maximise impact for our community.

Throughout this report, we have showcased examples of our impact in the following areas:



HELPING THE TRUST TREAT MORE PEOPLE FASTER



SUPPORTING THE TRUST TO DELIVER BETTER MEDICAL OUTCOMES



IMPROVING THE NON-CLINICAL EXPERIENCE FOR PATIENTS AND VISITORS



ENSURING STAFF FEEL HAPPY, VALUED AND SUPPORTED



ENCOURAGING PEOPLE TO ACCESS PRIMARY HEALTHCARE IN THE COMMUNITY



HELPING THE TRUST TREAT MORE PEOPLE FASTER



By increasing hospital-based service provision we can help our hospitals treat more people more quickly. This kind of targeted funding can make a huge difference to staff and patients. From the purchase of new machinery and funding research to creating new spaces where they are needed, here are some of the projects we are particularly proud of from 2022/23.

// *Nearly half of hospital staff now recognise that the Charity's work had enabled more people to be treated faster.*



EXTRA REHAB MACHINE GETS HEARTS PUMPING!

Rehabilitation is a crucial part of recovery for amputees and a Motomed machine offers excellent exercise opportunities. We provided a grant of nearly £3,000 to buy a second Motomed so that more people could benefit from this effective technology. Having a second machine increases the flexibility of treatment available and is perfect for weekends when some other pieces of equipment can't be used because of reduced staffing. In the three months following the installation our Motomed it was used by 100% of our inpatients and 90% of our outpatients.

// *Over a two-month period, the Motomed was used for 2004 minutes, expending 4493 calories, and travelling 742 km!*





NEW MULTIPLE RESPIRATORY TEST LOOKS POSITIVE

A study to assess the ability of a lateral-flow-based antigen test to detect different kinds of respiratory viruses like COVID-19 and flu on separate test lines within the same test, has been successful. We funded this research in 2021 with a grant of £20,000 because a test like this would enable much faster triage of patients presenting with respiratory infections.

Social enterprise company Global Access Diagnostics has secured funding for the development of the prototype so a finalised device for clinical evaluation is highly likely. The plan is to have the test manufactured in Senegal and Pakistan which would allow affordable testing in these resource-poor areas, as well as the UK.

PAEDIATRIC ROOM RELIEVES PRESSURE ON OPERATING THEATRE

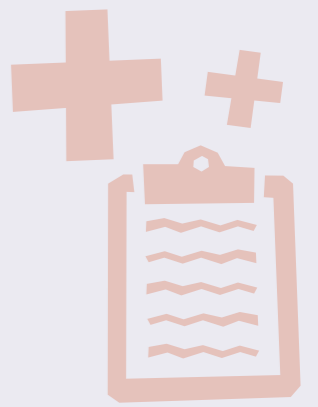
We have provided £38,000 to create a new paediatric procedure room where children can have minor procedures such as oncology diagnostics, treatments and insertion of lines. Up until now, these procedures have taken place in our emergency theatre. This new space means surgeons will be able to use the theatre for more complex operations more often.



The creation of the procedure room should free up an average of 3.5hrs a day of operating time in the emergency theatre.



SUPPORTING THE TRUST TO DELIVER BETTER MEDICAL OUTCOMES

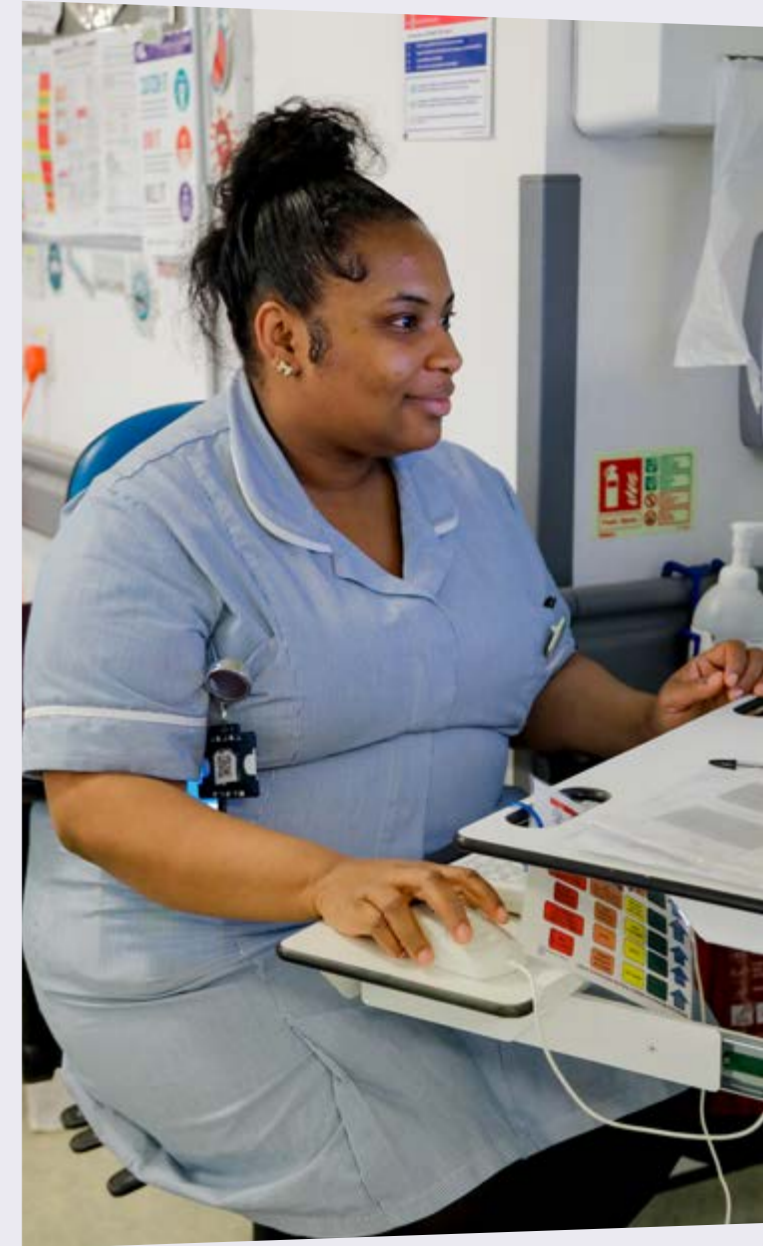


A key focus of our activity is to help the Trust improve clinical outcomes for patients. From supporting staff with training, delivering innovative arts activities and supporting ground-breaking research, the following stories illustrate some of the ways our funding has had a positive impact in 2022/23.



53%

of people surveyed* said that the Charity project they had been involved in (grant, activity, equipment purchase, arts programme) had increased the likelihood of them recommending St George's Hospital to friends and family as a good place to receive care or treatment



* measured across 9 grants

STAFF SURVEY SHOWS BENEFITS OF OUR TRAINING AND DEVELOPMENT SUPPORT

We are delighted to be able to support hospital staff by providing grants to fund their personal and professional development through training and attendance at conferences and symposia.

By asking staff to complete a survey in the weeks and months after they had completed their training or conference we have been able to assess the impact on staff morale as well as patient outcomes. 34 staff benefitted from our directly funding their training and attendance at conferences and symposia.



100%

of respondents agreed the development grant had enhanced the care they provide to patients



100%

of staff said the grant had increased their knowledge with 57% reporting they apply this knowledge on a daily basis



86%

said that the grant has helped them do their job more effectively



86%

reported that the grant has increased their satisfaction in their role



57%

reported that the changes arising from the grant had increased positive patient feedback

MAKING REHAB MORE FUN AND EFFECTIVE

Thanks to the incredible fundraising efforts of a former patient, we were able to provide a £10,000 grant for a CardioWall for the Wolfson Neurorehabilitation Centre at Queen Mary's Hospital. This innovative and versatile piece of equipment is designed to improve cognition, hand-eye coordination, mental focus, confidence, core strength and balance. It's suitable for many different kinds of patients and can be used for groups as well as individually, making recovery more fun as well as potentially faster.

ANTIFUNGAL OPTIMISATION RESEARCH TO CONTINUE

Research into the use of antifungal medications in intensive care patients, which we funded in 2019 with a grant of £130,000, has proved successful. Dr Bicanic and her team not only identified ways to detect treatment response and resistance in the fungal infection candidiasis, but also generated valuable data that will lead to improved use of antifungal medications to reduce the generation of antifungal resistance. These results have led to further research funding worth over £1 million, including an MRC programme grant between St George's, Exeter and Liverpool Universities for research into mitigating antifungal resistance in Candida, the most common cause of fungal sepsis in UK patients.



It's great to see patients of all ages, all levels of fitness and some patients with no previous exercise experience using and enjoying the cross trainer – physio

HARD-WORKING CROSS TRAINER PROVES POPULAR WITH PATIENTS

A new cross trainer purchased with a grant of £2,400 is being used daily in our Therapies Gym. It has enabled improved cardiovascular outcomes, quality of life and general improvement in exercise tolerance for around 80 patients each week.



80

people a week are using the cross trainer

I love using the cross trainer before starting my rehabilitation class. It warms me up but also feels like it increases my heart rate and that I'm working very hard – patient



ARTISTIC AFTERNOONS LIFT SPIRITS

Patients on the Gwynne Holford Ward at Queen Mary's Hospital worked with Arts St George's to develop 10 weeks of Arts Afternoons. After a trip to the park, the majority of patients decided to explore the theme of nature through the artistic mediums of music, sculpture and painting. Thanks to a legacy grant, we were able to bring in painter Dora Lam, sculptor Alex Phillips and percussionist Rosie Bergonzi to work with patients.



100%

of staff said they believed this project had 'definitely' positively impacted patient rehabilitation

This project has enabled patients to work on goals in relation to upper limb rehab, stamina and communication.

I was able to observe a patient in a way I hadn't seen them before and to use this calmness and focus from art sessions to translate into therapy sessions.

IMPROVING THE NON-CLINICAL EXPERIENCE FOR PATIENTS AND VISITORS

It is not just volume and quality of treatment that we seek to improve; from space to grieve and Spring bulbs to Christmas bunting, bedside chairs and bereavement rooms, St George's Hospital Charity also finds a wide variety of ways to enhance the overall experience of our patients and visitors.



75%

of the staff who are aware of the Charity say they have observed our work to have improved the non-clinical experience for patients and visitors



A ROOM FOR PARENTS TO HAVE SOME BREATHING SPACE

When a child is in the hospital, it's vital that parents have a dedicated space where they can rest, have a cup of coffee or simply take a moment away from their child's bedside. This year we awarded £22,000, of which £18,800 was donated to us by The True Colours Trust's Breathing Spaces Fund, to refurbish a room for parents in the Pinckney Ward which provides high-dependency oncology care.

The refurbished Pinckney Parents Room now has been decorated with new flooring and softer lighting, providing a calming space for families to take a break from the challenging experience of having an ill child in hospital. Rooms such as this allow parents some breathing space, meaning that they are then in a better position to care for their child.

What parents said about the new Pinckney Parents Room:



100%

of respondents had a positive experience of the room



100%

of respondents said that the room improved their wellbeing



100%

felt that it had improved their hospital experience with **75%** saying it was 'greatly improved'

ADDITIONAL SUPPORT GROUP FOR PEOPLE WITH YOUNG-ONSET DEMENTIA AND CARERS

As well as continuing to support an in-person group for people living with Young-Onset Dementia (YOD) and their carers, we have started a new, online support group specifically for carers of people living with YOD with complex needs. This funding of these groups, which totalled £13,000 in 2022/23, was made possible by donations kindly made by McLay Dementia Trust, The Hospital Saturday Fund, and the Invesco Cares Foundation and other kind donors.



96%

of carers and **83%** of people living with YOD said the groups made them more resilient



"This group has made me feel supported and reassured."

"I leave not feeling so alone."

"The access to information and resources offered by this group has been invaluable."





PONSETI PARENTS CONNECT OVER COFFEE

Sometimes small grants can make a huge difference. This year over 60 patients, family members, staff and representatives from the Charity STEPS, attended a coffee morning for parents of children treated in the Ponseti Clinic, which we funded for around £100.

The Ponseti Clinic is a specialist service for children born with structural foot deformity and the event enabled families to share experiences and understand their children's journey. It proved particularly beneficial for parents who have babies who were able to see older children being very active and playing in the room.



Thank you very much for organising the coffee morning, it was so lovely to see everyone together and meet other parents and their babies who have been through similar. A great morning, well done! – parent



ART MAKES A DIFFERENCE TO OUR PATIENTS AND VISITORS

We are very proud of our Arts Team, Arts St George's, who develop and manage our diverse arts programme delivering participatory arts activities, live events and creating more welcoming spaces for patients, visitors and staff. These are just some of the ways they helped make a positive impact on patients and visitors in 2022/23.



100% of people said they had noticed an increase in their wellbeing following their engagement with arts activity

Artists in residence

In April 2022, our three new Resident Artists – Joshua Bilton, Jelly Cleaver & Rachel Rothwell (later Emily Stapleton-Jefferis) – began weekly sessions working with more than 1,000 people throughout the year.



'Togetherness' in Arts Week

In July 2022 patients, visitors (and staff) were encouraged to get involved with creative workshops, performances and activities as part of our second annual St George's Arts Week. Creative sessions were led by visiting partners and artists with activities celebrating the interconnectedness of the Trust through the theme of 'Togetherness'.

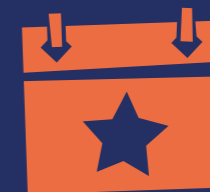
We are grateful to the National Community Lottery Fund for funding this project.



An open, fun moment – much needed on hospital visits.



ARTS WEEK 2022



33 main programme events



5 fringe programme events



9 partner organisations



29 artists



369 active participants



ENSURING STAFF FEEL HAPPY, VALUED AND SUPPORTED



Providing outstanding care and patient experience requires staff to feel content and supported, so we continue to allocate considerable resources to promoting the satisfaction and wellbeing of our Trust's staff. We've picked out a few stories to give a taste of the kind of grants we award to keep our staff content, healthy and safe.



78%

of staff reported that the grant/activity that they were involved in had helped them feel more supported (measured across 2 grants)



70%

of staff claimed that the grant/activity that they were involved in led to their enhanced satisfaction in their role (measured across 8 grants)



Live summer performances

Patients, visitors (and staff) enjoyed live performances including jazz, folk and pop throughout the summer of 2022. We commissioned Resident Musician, Jelly Cleaver, to curate six days of music and performance.



8
musicians



3,143
people enjoying live music



9
settings

All that Jazz

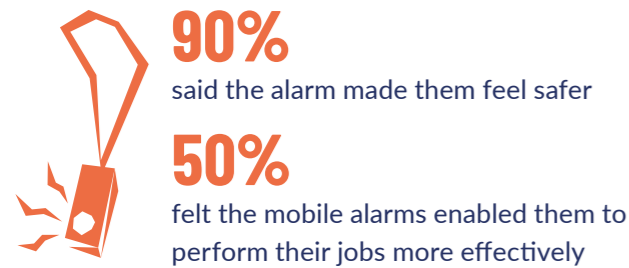
We partnered with live music producer, Serious, for a day of events and performances at St George's Hospital as part of the EFG London Jazz Festival. Musicians Rosie Frater Taylor, Midori Jaeger and Misha Mullov Abbado performed as a jazz trio for lunchtime guests at the Ingredients Restaurant, in the hospital classroom and on the neurorehabilitation wards. Our St George's Staff Choir also performed a gig in the Student Union bar as part of the Festival.

Art on our walls

Patients, staff and visitors in both the Ingredients Restaurant and the Trevor Howell Ward Waiting Room now have something thought-provoking and beautiful to look at while they wait for coffee or treatment. Artwork selected by a panel of Trust staff has also been used to brighten up the bare walls in our new MRI Building which opened in November 2022.

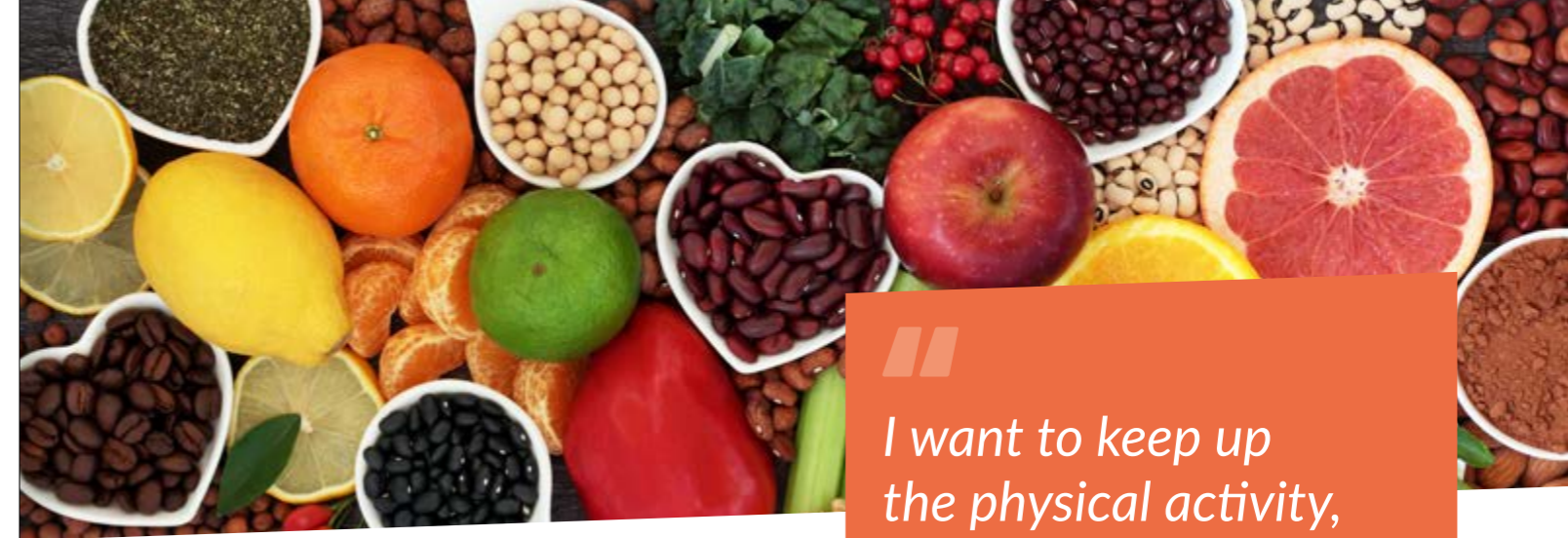
EMERGENCY STAFF FEEL SAFER WITH NEW MOBILE ALARMS

Safety can be an issue for our Emergency Department staff so we are pleased to have provided 450 high-tech 'Pinpoint' mobile alarms through a grant of almost £30,000. The devices have been well received by staff with the vast majority telling us that they carry the alarms with them every day and feel safer and more supported as a consequence.



// Staff really appreciate the support of the Charity with the pinpoint system and feel that the Emergency Department is now a safer place to work

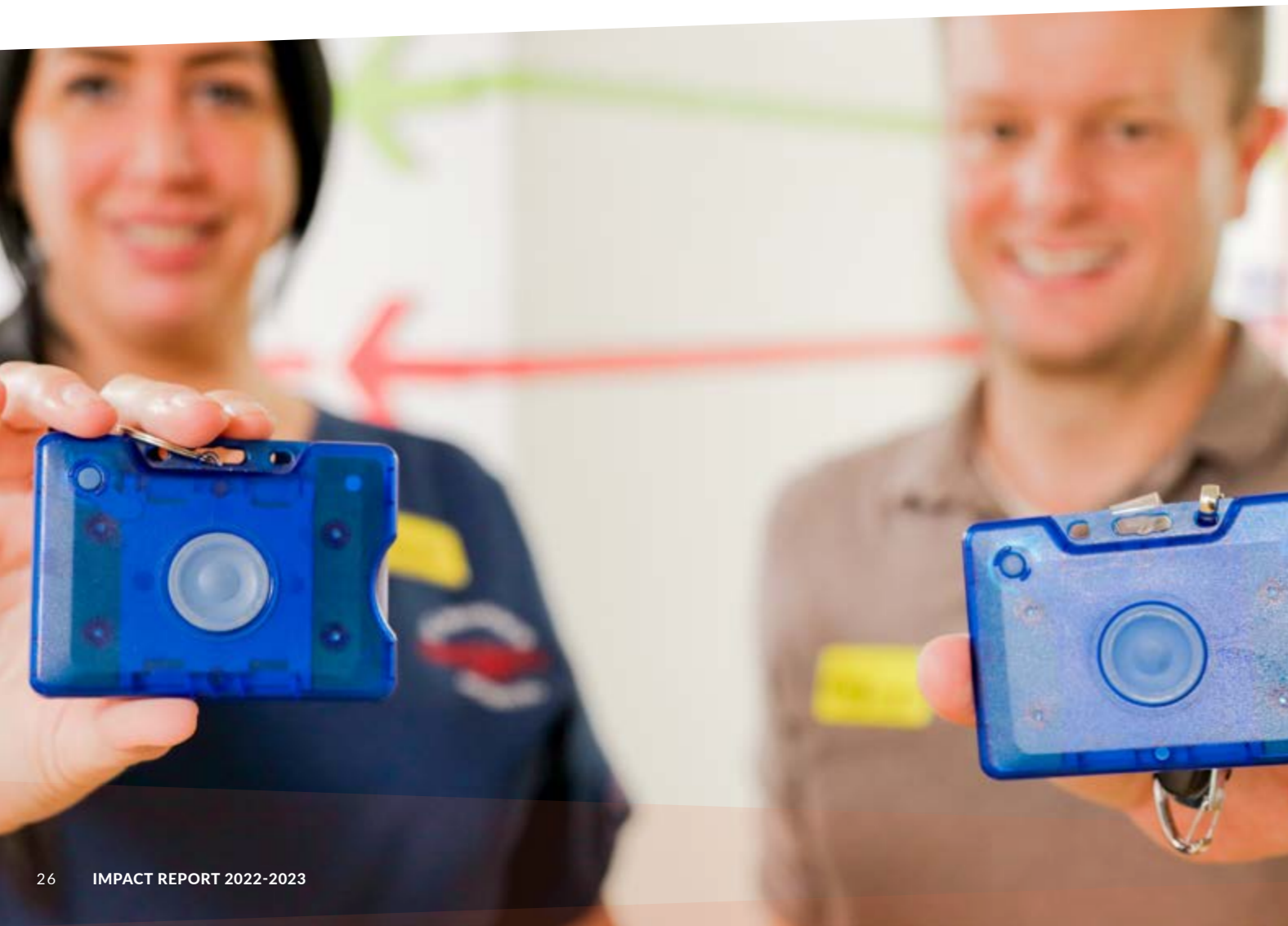
– staff member



KAIDO WELLBEING CHALLENGE

Nearly 300 staff joined in a month-long Kaido Wellbeing Challenge designed to encourage physical activity, mindfulness and better nutrition. We provided a grant of £3,000 to support the programme and were delighted that everyone who took part said they would recommend the activity to a colleague and that most would do it again.

// I want to keep up the physical activity, mindfulness and healthier food choices. I will also keep working on my sleep so that hopefully, I will be a happier healthier me!



KAIDO WELLBEING CHALLENGE 2022/23



340,937

minutes of physical activity



2,905

minutes of meditation



1,847

journal reflections



67%

reported feeling more motivated



37%

noticed that they had more energy



87%

said they were making better nutrition choices

ART MAKES A DIFFERENCE TO OUR STAFF.



Choir goes from strength to strength

Singing boosts your mood, helps beat stress and increases lung function so it's no surprise that our St George's Staff Choir continues to thrive. Choir Leader Georgia Duncan worked with the singers to pull off incredible performances for key events throughout the year including Black History Month, International Women's Day, St George's Arts Week 2022 and our Festive Lights Switch On.



Staff Arts Club is perfect stress reliever

Membership of our popular arts club has now reached 1,000! Many staff tell us they find doing something completely different helps them switch off from the stresses of their working day. As well as workshops run by professional artists – which this year included terrarium making, screen printing and still life drawing – members enjoy ballots for free tickets to cultural events.

"It was a memorable and unforgettable experience."

"I have heard from many people who attended the party that they really enjoyed the performance, and they thought the singing was great!"

"Fantastic atmosphere with relaxing music and something totally different to focus on."

ENCOURAGING PEOPLE TO ACCESS PRIMARY HEALTHCARE IN THE COMMUNITY



We all know the old adage that "prevention is better than cure", so we are keen to fund community projects which reduce the numbers of people having to come into hospital in the first place. Over the course of the year, we funded seven projects designed to improve the physical and mental health of vulnerable populations in our local communities.

Supporting the mental health of young homeless people

We supported an initiative delivered by Croydon Association for Young Single Homeless and Off the Record called 'Your Voice, Your Choice'. The programme offered mental health counselling to young people aged 16-24 who are homeless or at risk of becoming homeless. The £47,000 grant came from funding we received from NHS Charities Together in a previous year.



98%

of young people participating in Your Voice, Your Choice showed improvements in their mental health.



Reducing demands on unplanned care

In a bid to reduce the proportion of people whose first interaction with health and care services is at an escalation point, we supported a programme in Kingston & Richmond. The aim was to better support people at home by harnessing the strengths within the community and acting before it is too late. While formal evaluation is still pending, outcome monitoring data has already revealed a 45% reduction in the utilisation of NHS unplanned care services.

We awarded £160,000 to fund the Proactive Anticipatory Care Model from funding we received from NHS Charities Together in a previous financial year.



39%
reduction in unplanned A&E visits

51%
reduction in unplanned non-elective hospital visits

48%
reduction in unplanned calls to NHS111



New sensory space at Croydon University Hospital

A new room to support young patients has opened in the Rainbow Children's Unit at Croydon University Hospital. The work required a £25,000 grant made possible by funds awarded to us by NHS Charities Together in a previous financial year.

The purpose-built space is equipped with specialist sensory equipment including bubble tubes and digital displays to support children with play and to process their emotions. It is designed for young people who are receiving hospital care as well as to host therapeutic sessions for those with life limiting illnesses or people who have been recently bereaved.

LOOKING AHEAD

We continue to find innovative ways to collaborate with the Trust and serve our communities. From improving patient experience and staff wellbeing to funding ground-breaking research with St George's (University of London) and strengthening our connections with local groups, we are doing everything we can to support the Trust where the NHS is unable to do so.

Our criteria for allocating grants is clear and strategic and we are proud of the impact we are having on the many different aspects of healthcare in south west London. As pressure continues to build on our health system, we are pioneering new fundraising approaches to support the Trust achieve its ambitions. We have extended the different ways organisations, individuals and groups can connect with our charity and contribute to our funds, including our bold Children's Time for Change appeal. Also, for example, with the help of passionate Lymphoedema Research Fund supporters we've been able to fund the first year of a PhD research project. This research will focus on how we can use medical imaging for diagnostic and treatment purposes.

Looking ahead our priorities remain the same but our aspirations are growing. To succeed we remain dependent on our fundraisers and donations. To show you our direction of travel we have picked out a few projects which are already in progress. We look forward to reporting on their impact next year.

HELPING THE TRUST TREAT MORE PEOPLE FASTER

Second MRI Guard to reduce patient waiting times

When a patient receiving a drug infusion requires an MRI scan, an MRI Guard is required to keep the patient safe. While our neuroradiology and general radiology departments each have an MRI machine, they only have one MRI Guard between them. We have awarded £18,500, received from the Benjamin Weir Trust, for the purchase of a second MRI Guard which should reduce the time patients have to wait for an MRI.

SUPPORTING THE TRUST TO DELIVER BETTER MEDICAL OUTCOMES

Remote cardiac monitoring means faster response

We have awarded £270,000 to fund remote monitoring for 577 patients with cardiac implantable electronic devices. As a consequence, it will be possible to safely manage patients at home reducing travel for the patients, footfall into the hospital and everyone's carbon footprint.

In addition, the remote monitors communicate any serious incidents to the cardiac team immediately, meaning response time is quicker which should reduce admissions for stroke and heart failure.



IMPROVING THE NON-CLINICAL EXPERIENCE FOR PATIENTS AND VISITORS

New research to improve hospital to home transitions for amputees

Patients who have had an amputation have been shown to experience a reduction in functionality, psychological, and social well-being when they transition from hospital to home so we have commissioned new research to find out why. A grant of almost £70,000 for the research, entitled 'Bridging the Gap', which will seek to understand the current experience of patients and their support networks and explore how they might be better supported.

Artistic approach to bereavement spaces

We have provided a grant to support our Arts Team to improve the environment in our Mortuary Viewing Suite and the Maternity Bereavement Suite.

In the Mortuary Viewing Suite Arts St George's are working with the mortuary team to select new furniture and accessories in colours to complement artworks by printmaker Angie Lewin.

In the Maternity Bereavement Suite our Arts team have been collaborating with freelance interior designer, Goose Studio (who volunteered their time) as well as maternity staff and the estates team, to create a more sensitive and calming space for parents and families dealing with the loss of a baby. The new suite is soon to be completed and has been made possible through funds raised by the family of a baby who sadly passed away.



No one wants to find themselves in a room like this, but it's a lovely thought that from this point onwards people who come to the room might be more comfortable, cooler, and more together in the space that has been created.

- family who raised over £80,000 towards the refurbishment of the suite.



We really wanted to improve the environment for relatives of the deceased as it's such an important time for them" - Doreen Mangion, Head of Nursing for Outpatients and Diagnostics.



ENCOURAGING PEOPLE TO ACCESS PRIMARY HEALTHCARE IN THE COMMUNITY

Improving health literacy

In a bid to increase the uptake of cervical screening services amongst migrant Muslim and minority ethnic group communities in South London, we have awarded almost £29,000 to fund the co-design and evaluation of a health literacy intervention. Our ambition is to improve overall cervical health literacy as well as increasing the uptake in screening services which are currently much lower in these groups than the community at large. This project will be delivered by a core group of Community Health Champions on cervical cancer awareness, screening, and HPV vaccination.

ENSURING STAFF FEEL HAPPY, VALUED AND SUPPORTED

Monthly massage for maternity staff

We know that massage is an effective form of relaxation and a de-stressor for many people, so we have awarded just over £1,000 to provide 72 head, shoulder, hand or foot massages to our maternity staff over the course of six months. When the six months are up, we'll assess the impact by talking to the individuals involved.

Workshopping a COVID-19 commission

Award-winning design practice, Wayward, are working with us to develop a new arts commission for Trust staff who worked throughout the COVID-19 pandemic. Wayward are collaborating with Trust staff through creative workshops to find out more about what they would like to see from the commission and how the commission could support recovery. The final work will reflect the profound impact of the pandemic on our hospital community and will highlight the role that the arts can play in recovery and wellbeing.



THANK YOU!

We are delighted with the difference we have made this year and couldn't have done it without our astounding fundraisers who continue to amaze us with their ingenuity, imagination and resilience. We are also very grateful to the many individuals and organisations that choose to donate so generously to our Charity. To all of you, heartfelt thanks.

We are hugely grateful for the support of all our donors, including:

Trusts and Foundations

The Becht Family Charitable Trust
Invicta Foundation
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We would also like to thank our Time for a Change Champions:

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We are hugely grateful to all those who raised or gave money or their time or skills or services to St George's Hospital Charity during the 2022/23 financial year.





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