

How your school can help support your local Hospital Charity



*Start
fundraising
today!*

Why we need your support

St George's Hospital and Queen Mary's Hospital are two places where incredible things happen every single day.

The money raised by schools like yours is vital in helping us make a real difference to the lives of patients and staff across the hospital all year round.

We would love your school to get involved in fundraising for **St George's Hospital Charity**, whether it's for one day, one week, a school term or for the whole year.

The money you raise could be used to...

HELP us provide new, state-of-the-art equipment to help our doctors and nurses provide the best possible care

SUPPORT ground-breaking research and patient therapies

IMPROVE our wards for patients, their families and staff

FUND amazing projects like bedside music sessions and Arts St George's

Did you know?



St George's is one of the country's **principal teaching hospitals** and is shared with St George's, University of London, which **trains medical students** and carries out **advanced medical research**.



There are around **8,500 dedicated staff** at St George's Hospital working **around the clock**.



St George's Hospital and Queen Mary's Hospital serve **1.5 million people** in South West London, and **5 million people** with national and regional referrals.



St George's has an **on-site school** so that patients can keep up with their studies.



The **A&E Department** at St George's is the focus of the popular Channel 4 series **24 hours in A&E!**



How your fundraising can help

£10

COULD BUY NEW TOYS FOR THE PLAYROOM

Where children can use play as a means of expressing anxiety, describing their feelings, or simply having something to enjoy.

£36

CAN FUND A MASSAGE THERAPY FOR A PATIENT

For patients with a chronic health condition, to help reduce tension and aid sleep.

£50

COULD PROVIDE MUSICAL THERAPY FOR OUR BED BOUND PATIENTS

Helping those staying for long periods to cope with boredom and lift spirits. Singing along with our charity musicians is a great aid to recovery.

£100

COULD HELP US BUY SPECIALIST MEDICAL EQUIPMENT

To help thousands of people receive instant information on their health and avoid unnecessary worry and stress.

£500

WOULD COVER THE COST OF 5 SUPPORT GROUP SESSIONS FOR YOUNG ONSET DEMENTIA PATIENTS

For relatives and patients who are living with young onset dementia to receive professional and peer-to-peer support funded by the charity.

Start fundraising today

WE'VE COME UP WITH SOME FANTASTIC FUNDRAISING IDEAS TO FIT IN WITH YOUR SCHOOL CALENDAR - IT'S TIME TO GET INSPIRED...

Autumn Term

FESTIVAL FUNDRAISING

Whether it's an evening of carols and Christmas songs, creating holiday cards for Hanukkah, or celebrating Diwali with an afternoon of lantern making, get the whole school together this festive season to fundraise for St George's Hospital Charity.

WINTER DISCO

Sell tickets to a winter disco in the school hall, where pupils can dance the night away with their friends.

You could design and make posters to advertise the event, and encourage pupils to pick the playlist too.



Spring Term

SPRING CHICKENS

Spring into action in the New Year and get all pupils sponsored by family and friends to run around the school grounds or local park.

ST GEORGE'S FOR ST GEORGE'S

Celebrate St George's Day by raising money for St George's Hospital Charity.

Why not organise a school 'bake off' or bake sale with a St George's Day theme?

Summer Term

THINK PINK FOR ST GEORGE'S

Ask all pupils and teachers to donate £1 to come to school wearing pink for St George's Hospital Charity.

'OLD SCHOOL' SPORTS DAY

Hold an 'old school' sports day with three-legged races, egg and spoon race and a tug of war. Not just for pupils, this is a day for parents and teachers too! Pay to play!

RAMADAN

A time for giving, so why not help out your local community? Do some gardening for a neighbour, or get the whole school washing parents' cars. Ask for a small donation in return.



All year round ideas

Our fundraising team has a wealth of ideas to help you raise funds throughout the year, and here's a few to get you started...

- OWN CLOTHES DAY
- PARENT'S COFFEE MORNINGS
- SPONSORED GAMES / EVENTS
- COLLECTIONS AT SCHOOL PLAYS AND CONCERTS



Materials available

We have some fantastic resources available to help with your fundraising efforts.

From bunting and balloons to collection tins and buckets, St George's Hospital Charity has everything you need to make your events a success.



Keep it legal and safe



TOMBOLA

A tombola is a great way to raise extra money at an event. But there are a few guidelines:

- You can only sell tickets during the event, on the premises where the event is taking place
- The draw must take place during the event
- No more than £250 can be spent on buying prizes
- You can't give any cash prizes
- You must sell all tickets at the same price and no discounts are allowed on bulk buys (for example, five for the price of four)
- Tickets should not be bought or sold by people under 16



COLLECTIONS

If you plan to hold a collection on private property, such as a pub or shopping centre, you need to gain permission from the owner or manager.

If you want to collect on the street you must get a permit from the Local Authority for the area you wish to collect in. Leave plenty of time to collect the permit.



FIRST AID

Please make sure you have adequate supervision at your event and a qualified First Aider present if necessary. St John's Ambulance may be able to help.



VENUE

Do not exceed the capacity limit and ensure there is good access. Does the venue have adequate car parking, toilet facilities, and disabled access?



CHILDREN

Please think about the safety of children at your event and arrange a meeting point if necessary in case a pupil gets lost.

It's important to ensure that anyone looking after the children has undergone the relevant DBC checks, formerly CRB (these are still free for volunteers) and note that children under 16 should be accompanied by an adult if collecting for charity.



FOOD AND DRINK

Make sure that food is stored and handled correctly. Always follow hygiene rules.

Foods that contain nuts or other ingredients such as gluten or egg that people may be allergic to must be clearly labelled.

If you are selling alcohol at an event you will need a liquor licence which you can apply for at your local Magistrates' Court.

Shout about your fundraising!

WORD OF MOUTH

Spread the word about your event to parents, colleagues and the local community.

ONLINE AND SOCIAL MEDIA

Don't forget to email everyone you know who might like to support the event and post the news on social media!

POSTERS, FLYERS AND MATERIALS

Get the whole school involved in creating posters and materials to support your fundraising. Display them everywhere!

RADIO AND PRESS

Local media are always interested in hearing about events happening in the community. Send them a press release and invite them to report on the day!



“ I have enjoyed every minute of my fundraising for St George's Hospital Charity as it is a cause that is so close to my heart.

The charity have supported me so much over the last year. If the money I raise helps give somebody hope, I've done what I set out to do. ”



Thank you for choosing to fundraise for St George's Hospital Charity.

Together we can help to make St George's and Queen Mary's Hospitals amazing places and change the lives of thousands of patients and staff every year.

We're here to support you. Whatever fundraising activity you organise, whether you need some information, advice, or just a bit of moral support, we're always on hand.

Just call us on 020 8725 4522 or email giving@stgeorges.nhs.uk.

HOW TO GET YOUR FUNDS TO ST GEORGE'S

Once you've held your fundraising events, then you'll need to get the monies raised to St George's Hospital Charity and there are several ways you can do this. Visit our Fundraising Office inside St George's Hospital main entrance, by postal donation, or at the cashier's office in St George's or Queen Mary's.

IN PERSON Visit the Fundraising Office at the Grosvenor Wing main reception

CHEQUES Please make cheques payable to 'St George's Hospital Charity' and send to St George's Hospital Charity, St George's Hospital, Blackshaw Road, Tooting, London SW17 0QT



St George's Hospital Charity
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Telephone: 020 8725 4522/1598
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